**Table Tennis**

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| Date & Time: |  |
| Venue: |  |
| Format: | Team competition – 4 per team |
| Age group(s): | Y8 and under Boys  Y8 and under Girls  Y10 and under Boys  Y10 and under Girls |
| Team & squad numbers: | Teams of 4 players to be ranked 1-4 |
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| Further information: | <http://www.estta.org.uk/> |

**Rules:**

* A team shall consist of 4 players who must play in order of merit (1-4).
* A match shall consist of 8 sets (all of which must be played) with each set being the best of three or five games (eleven up).
* The order of play shall be: 1 v 2, 2 v 1, 3 v 4, 4 v 3, 1 v 1, 3 v 2, 2 v 3, 4 v 4. Follow ESTTA order of play template: <http://www.estta.org.uk/More%20Schools%20Project/MSP%20Competition%20Template%20Pack/Template%2011%20-%204-a-side%20Team%20Match%20Score%20Sheet.pdf>
* Two or more sets may be played at the same time at the discretion of the Organiser, even though this may mean a player playing 2 sets in succession.
* Best of three or five games to 11 points.
* Players have to win by two clear points.
* Alternate serves every two points, unless both players have scored 10 points, in which case service changes every point.
* Toss a coin to decide who serves first, or to start play at either end of the table.
* The player serving first in a game receives first in the next game.
* In service the ball bounces on the servers side first, then has to clear the net and land on the opponents side,
* If the ball strikes the net during service and lands on opponents side of table, this is known as a ‘let’ and the point service is replayed.

**How to play a point**

* Each player strikes the ball after it has bounced once on their side of the table, to clear the net and land on the opponent’s side.
* A point is won/lost when a player misses the ball / the ball bounces twice / the ball does not land on the table / does not clear the net.

**Simple rules:**

* Consider time frame, if pushed for time, play best of three games up to 11.
* Can also shorten the game to 7 points, alternate serves**.**
* After each game played, players swop sides to start the next game.
* Any confusion, the umpire’s decision is final!